

# The FOX

## October 2018 Menu - Allergens

MENU ITEM	Celery	Gluten	Crustations	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Soup							(#)							
Duck Cake		#		#			#							
Brie Fio Parcels		#		#			#							
Smoked Salmon							#							
Polenta King Prawns		#	#	#			#		#					
Chicken Liver Parfait							#							
Cheese Souffle		#		#			#		#					
Mussels							#	#	#					#
<b>MAIN COURSE</b>														
Halibut Fillets			#	#	#		#							
Partridge		#					#							#
Chicken Supreme		#					#							#
Venison		#												#
Fiet Steak		#					#							#
Steak & Venison Pie		#		#			#		#					
Lamb Shank														#
Pork Belly		#					#		#					
Gnocci		#		#			#		#					
Sausage & Mash		#					#							#
Pie of The Day (Fish)		#			(#)		#		#					
Curry							#			#			#	
Steaks		#		#										#
Haddock & Chips		#			#									
Roast Beef		#		#			#							
Roast Pork		#												
<b>PUDDING</b>														
Apple Crumble & Custard		#		#			#							
Brulee				#			#							
Mars Bar Cheesecake		#		#			#							
Bread & Butter Pudding		#		#			#							
Pavlova				#			#							
Chocolate Mousse														
Ice Cream				#			#							
Sorbet														
Biscuits & Cheese		#					#					#		
Child Ice Cream				#			#							
<b>BAR SNACKS</b>														
Olives														
HEC				#					#					
Bangers & Mash		#					#							#
Chicken Burger		#					#							
Charcuterie		#					#							
Bar B/Q Ribs		#							#					
Burger		#					#					#		
Scompi		#	#	#										
Haddock & Chips		#			#									
Seafood Platter		#	#	#	#		#							
Sandwiches		Separate List					#							
Baguets		Separate List												
Ploughmans		Separate List												
Children		Separate List												
Salad / Chips		#												

Nut Allergies :- Please note that we have NUTS AND OTHER ALLERGENIC INGREDIENTS in our kitchen and cannot give a 100% guarantee that there will be no cross contamination.

(#) indicates some Allergens present depending on recipe - please check with our staff.